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**Anchor of Hope Counseling Services, PLLC**  
**(985)230-0111**

Client Information Form.

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**Client Information:**

Today's Date: \_\_\_/\_\_\_/\_\_\_ Client's Name: \_\_\_\_\_

Phone Numbers: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_  
(Cell) \_\_\_\_\_ Can we call you at work? Yes / No

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

Marital Status: [ ] Single [ ] Engaged  
[ ] Married – How Long? \_\_\_\_\_ - How many times? \_\_\_\_\_  
[ ] Separated – How Long? [ ] Divorced – How long? \_\_\_\_\_

Education: \_\_\_\_\_ Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

If you believe your insurance company may cover a portion of your visits here, please complete the following information:

Name of Insurance Company: \_\_\_\_\_ Phone: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy Holders S.S. #: \_\_\_\_\_ Policy#: \_\_\_\_\_

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**Counseling History:**

Briefly describe the reason(s) you are seeking counseling: \_\_\_\_\_

What is your most difficult relationship right now? \_\_\_\_\_

What is your most difficult emotion right now? \_\_\_\_\_

Who is coming for counseling? \_\_\_\_\_

Have you had any previous counseling? \_\_\_\_\_ If yes, when? \_\_\_\_\_

Where / With Whom? \_\_\_\_\_ Why? \_\_\_\_\_

Are you, or a family member, currently seeing a psychiatrist or another counselor? \_\_\_\_\_

If so, what family member? \_\_\_\_\_ Psychiatrist / Counselor Name: \_\_\_\_\_

For what reason? \_\_\_\_\_

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**Crisis Information:**

Are you currently having suicidal thoughts, feelings, or actions? Yes / No

If yes, explain: \_\_\_\_\_

Are you currently homicidal / assaultive thoughts or feelings, or anger-control problems?

Yes / No If yes, explain: \_\_\_\_\_

Have you had any past problems, hospitalizations, incarcerations for suicidal or assaultive behavior? Yes / No If yes, explain: \_\_\_\_\_

Are you currently experiencing any current threats of significant loss or harm (illness, divorce, custody, job loss, etc.)? Yes / No

If yes, describe: \_\_\_\_\_

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**Emergency Contact Information (name, relationship, phone number, address):**

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**Client's Name:** \_\_\_\_\_

**Medical Information:**

When were you last examined by a physician? \_\_\_\_\_

Name of physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

List any medical conditions you are currently being treated for: \_\_\_\_\_

List any medications you are currently taking:

Name of Medication	Frequency Taken	Reason for Medication

If you enter into therapy with me, may I tell your medical doctor so that he / she can be fully informed and we can coordinate your treatment? Yes / No

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**Complete this section if client is under the age of 18.**

Parent / Guardian's Name: \_\_\_\_\_

Phone Numbers: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

(Cell) \_\_\_\_\_ (Beeper) \_\_\_\_\_

Can we call you at work? Yes / No

Age: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_ Marital Status: [ ] Single [ ] Engaged

Education: \_\_\_\_\_ Place of Employment: \_\_\_\_\_

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**Spouse's Name:** \_\_\_\_\_

Phone Numbers: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

(Cell) \_\_\_\_\_ Can we call him / her at work? Yes / No

Address: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_ Social Security #: \_\_\_\_\_

Marital Status: [ ] Single [ ] Engaged

[ ] Married – How Long? \_\_\_\_\_ - How many times? \_\_\_\_\_

[ ] Separated – How Long? \_\_\_\_\_ [ ] Divorced – How long? \_\_\_\_\_

Education: \_\_\_\_\_

Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

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**Client's Children:**

List name, birth date, sex, relationship of all children, and whether they live at home with you.

Name	Birth Date	Sex	Relationship	At Home?

**Client's Name:** \_\_\_\_\_

**Client's Family of Origin:**

Father: First Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
State of Health \_\_\_\_\_ Resides in \_\_\_\_\_  
If deceased, how and when \_\_\_\_\_  
List 3 words that best describes him (ex: loving, mean, etc.) \_\_\_\_\_

How do / did you get along with him? \_\_\_\_\_

Mother: First Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
State of Health \_\_\_\_\_ Resides in \_\_\_\_\_  
If deceased, how and when \_\_\_\_\_  
List 3 words that best describes her (ex: loving, mean, etc.) \_\_\_\_\_

How do / did you get along with her? \_\_\_\_\_

Stepfather: First Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
State of Health \_\_\_\_\_ Resides in \_\_\_\_\_  
If deceased, how and when \_\_\_\_\_  
List 3 words that best describes him (ex: loving, mean, etc.) \_\_\_\_\_

How do / did you get along with him? \_\_\_\_\_

Stepmother: First Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_  
State of Health \_\_\_\_\_ Resides in \_\_\_\_\_  
If deceased, how and when \_\_\_\_\_  
List 3 words that best describes her (ex: loving, mean, etc.) \_\_\_\_\_

How do / did you get along with her? \_\_\_\_\_

**Brothers and Sisters:** Please list in birth order.

Name	Age	Sex	Where Reside	Relationship With Client (close / distant / in between)

Have you ever experienced any of the following:

- Harsh physical punishment or abuse as a child
- Sexual advances made toward you as a child
- Sexual abuse
- Incest
- Rape
- Physical abuse by spouse or lover
- Verbal or emotional abuse as a child or adult

If so, please explain:

\_\_\_\_\_

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**Substance Use/Abuse History (N/A is not applicable)**

<u>Substance</u>	<u>First Use</u>	<u>Last Use</u>	<u>Current Use</u>
Depressants			
Alcohol	_____	_____	_____
Inhalants	_____	_____	_____
Barbiturates	_____	_____	_____
Hallucinogens	_____	_____	_____
Marijuana	_____	_____	_____
LSD	_____	_____	_____
Mushrooms	_____	_____	_____
PCP	_____	_____	_____
Stimulants	_____	_____	_____
Amphetamines	_____	_____	_____
Cocaine (powder)	_____	_____	_____
(crack freebase)	_____	_____	_____
Other _____	_____	_____	_____

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**Client's Religion / Faith:**

Religious Affiliation during childhood: \_\_\_\_\_

Religious Affiliation now: \_\_\_\_\_

Level of meaningfulness of religious affiliation during childhood and adolescence:

                  High                                  Medium                                  Low

Level of meaningfulness or religious affiliation now:

                  High                                  Medium                                  Low

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Attached is a Declaration of Practices and Procedures, which outlines my credentials, my approach to counseling and my Fee Policy. Please read these forms, discuss any concerns, sign, and return them to me. If you have any questions concerning my fees, qualifications, or other issues, please ask. **This is a strictly confidential client record.**

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**Client's Signature:** \_\_\_\_\_ Date \_\_/\_\_/\_\_  
 \_\_\_\_\_ Date \_\_/\_\_/\_\_

**Referral Information: Who referred you to me for counseling?**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

May I have your permission to thank this person for the referral? Yes / No